



**We will call 1-2 days before surgery with your arrival time.**

**Preoperative Instructions:**

**DO NOT EAT OR DRINK AFTER MIDNIGHT PRIOR TO SURGERY**  
(NO FOOD, NO WATER, NO COFFEE, NO GUM, NO CANDY)

IF YOU TAKE MEDICATION FOR HIGH BLOOD PRESSURE, HEART DISEASE, OR SEIZURES YOU MAY TAKE IT WITH A SMALL SIP OF WATER BEFORE LEAVING FOR SURGERY.

**DO NOT TAKE INSULIN OR DIABETES MEDICATION.**

**YOU WILL NEED SOMEONE TO DRIVE YOU TO SURGERY, STAY AT THE FACILITY DURING SURGERY, AND DRIVE YOU HOME FOLLOWING SURGERY.**

Remove all piercings and do not wear make-up.

All postoperative prescriptions will be provided at the time of surgery.

**You should have a follow-up appointment already scheduled. If you do not have a follow-up appointment scheduled, please call our office at 256-715-3080.**