



Nasolacrimal Duct Postoperative Instructions

What to expect: Most patients tolerate surgery well. Much of the discomfort occurs within the first 24 hours. Your child may prefer to keep their eyes closed for 12 to 24 hours after surgery. **This is normal and not a cause for concern.**

- Your child will receive a prescription for an antibiotic/anti-inflammatory ointment. **Place a thin strip of ointment in the operative eye(s) four times daily for 10 days.** This will help prevent infection and will also help with discomfort.
- You may give your child Tylenol and Motrin to relieve any discomfort during the days following surgery. Cool compresses are also recommended as needed.
- Some patients experience postoperative nausea and vomiting. Usually we administer medication during surgery to help with this.

Activity

- Refrain from swimming for 1 week. Your child can bathe or shower normally.
- Do not perform any activity during which there is risk of getting hit in the eye(s) for 1 week.
- If your child had a tube stent placed, please do not suction the nose until it is removed.

Normal Postoperative Symptoms

- Crusting of the eyelashes upon awakening in the morning is normal for the first few days. You may wipe this away with a clean, warm washcloth.
- There may be blood-tinged drainage for the first 12 to 24 hours. You may wipe this away with a clean tissue or washcloth.
- If your child had a tube stent placed you may notice a clear tube at the nasal corner of the eye.

Rare Postoperative Symptoms

- Increasing redness, swelling, pain, or headache.
- Persistent fever over 100 degrees Fahrenheit.
- Extreme irritability or lethargy (difficult to rouse).
- Persistent discharge from the eye(s) (crusting of the lashes is normal).
- Significant change in vision (mild blurry vision is normal initially and with use of ointment).

If your child experiences any rare symptoms, call our office at 256-715-3080 or proceed to your nearest emergency room.

Your child should have a follow-up appointment already scheduled with Dr. Calderwood. If not, please call our office to schedule.