



Chalazion Excision Postoperative Instructions

What to expect: Most patients tolerate surgery well. Much of the discomfort occurs within the first 24 hours. The patient may prefer to keep their eyes closed for 12 to 24 hours after surgery. **This is normal and not cause for concern.**

- Patients will receive a prescription for an antibiotic/anti-inflammatory ointment. **Place a thin strip of ointment on the incision site four times daily for 10 days.** This will help prevent infection and will also help with any discomfort.
- Patients may use Tylenol or Motrin to relieve any discomfort during the days following surgery.
- Some patients experience post-operative nausea and vomiting. Usually we administer medication during surgery to help with this.

Activity:

- Patients may bathe or shower like normal following surgery.
- We recommend no swimming or contact sports for one week.

Normal Post-Operative Symptoms:

- Crusting of the eyelashes upon awakening in the morning is normal for the first few days. You may wipe this with a clean, warm washcloth.
- Patients may have blood-tinged drainage for the first 12 to 24 hours. You may wipe this away with a clean tissue or washcloth.

Rare Post-Operative Symptoms:

- Increasing redness, swelling, pain or headache
- Persistent fever over 100 degrees Fahrenheit
- Extreme irritability or lethargy (patient is difficult to rouse)
- Persistent discharge from the eyes (crusting of the lashes is normal)

If you experience any rare symptoms, please call our office at 256-715-3080.

You should have a 1 week follow-up appointment with Dr. Calderwood. Please call our office if this has not been scheduled.